**Career Builders Toastmasters (Club #5223)**

**AH COUNTER’S REPORT**

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Duties:**

1. Record all Ahs, Ums, and other sounds used as filler words while speaking
2. Record all Xeroxes, repeated words that are used as fillers
3. Record all Pregnant Pauses, unnecessary long pauses used as fillers
4. When called upon by the General Evaluator, give an oral report identifying the offenders’ name and the number of illegal fillers used

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| **Speaker** | **Ah/Uh** | **Um** | **You Know** | **So** | **And/**  **And so** | **Xerox** | **Pregnant Pause** | **Other** |
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